# Kuteer Vāni

Newsletter of SAI Kuteer® - January -June 2017



सबका मालिक एक There is one Master for all. - Shirdi Sai Baba

- Selfless Love
- **A** Awareness
- I Integrity
- K Kindness
- **U** Unity
- T Truth
- E Equality
- **E** Equanimity
- R Reverence for the Almighty



There is only one religion; the religion of Love. - Sathya Sai Baba

SAI Kuteer is a spiritual and charitable organization in Utah. The mission of SAI Kuteer is to promote Universal Love and Spiritual Unfoldment through Selfless Service to the humanity, based on the lives and preaching of Shirdi Sai Baba and Sri Sathya Sai Baba. All are welcome to participate in the services of SAI Kuteer.

### Sri Sathya Sai Baba on Selfless Service

Selfless service is perhaps the single, most efficient and universal tool for understanding, experiencing and expressing the Divine Principle of Love. Service is love in action. The best way to love God is to love all; serve all. The main purpose of selfless service is to help one realize one's innate Divinity by the practice of Divine. The quality of service is most important, not the quantity. The spirit or the motive behind service is the deciding factor. When we render service, we should feel that we are serving God. "Service to man is service to God". Service done in this manner makes us realize that "service is done by God, to God, and for God". The person who is serving, the recipient of the service and the process of serving are all one—and are all divine. Just as the proof of rain is in the wetness of the ground, pure, selfless, loving service transforms and we enjoy supreme peace and equanimity – the "peace that passeth understanding".

The trees yield fruits for the benefit of others. It is for others that rivers carry water. Cow generously gives its milk to humans. Man also, without considering his own personal interests, should use his body for the benefit of others. Neither by penance, nor by taking holy dips in sacred rivers, nor by the study of scriptures, nor by japa (chanting the lord's name) can the ocean of worldly existence be crossed. It can be achieved only by rendering service to good people. After having written the eighteen Puranas (scriptures), Sage Vyasa condensed the essence of its teachings in a simple phrase, "Help Ever, Hurt Never."

Seva brings out all that is great in man. It broadens the heart and widens one's vision. It fills one with joy. It promotes unity. It proclaims the truth of the Spirit. It drives out all the evil qualities in a man. It must be regarded as a great spiritual discipline. You are born to serve, not to dominate. Everyone in the world is a servant and not a master. All relationships — between husband and wife, mother and child, the employer and employee are based on mutual service. The world is progressing because of such acts of service. If not for the principle of Seva, the world would come to a halt. Do not believe that you can by means of Seva reform or reshape the world. You may or may not, that does not matter. The real value of Seva, its most visible result, is that it reforms you, reshapes you. Do Seva as a sadhana (spiritual exercise); then you will be happy. Service is worship. Have no egoism while you serve the people. God will not ask you, "When and where did you do service?" He will ask, "With what motive did you do it? What was the intention that prompted you?" But God seeks quality, the purity of the mind, the nobility of the motive







SAI Kuteer is located at 834 E 9400 S, Suite # 63, Sandy, UT 84094. For directions/location map visit www.saikuteer.org

# On February 23rd SAI Kuteer Celebrated Mahasivarathri



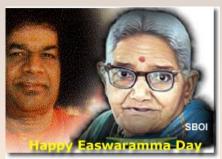








# On May 4th SAI Kuteer Observed Mother Eswaramma Day



"Today, people desire that only their family and children should be happy. But Easwaramma was not like that. Easwaramma had a broad mind. She wanted everyone to be happy. Even though she was not educated she taught noble qualities to everyone."

- Sri Sathya Sai Baba

# Service to Veterans in Need

#### Clothes and Shoes Drive for Veterans:

#### Number of used clothes collected 173 pieces

#### Number of used shoes collected 2 pairs

SAI Kuteer thanks all those who donated used clothes and shoes. The clothes that met the criteria of usability by the Veterans were donated to the VA Medical Center Voluntary Services. Those that did not meet the criteria were donated to Multiple Sclerosis Charities (<a href="www.friendsofms.com">www.friendsofms.com</a>), a non-profit organization, instead of throwing away. The response from the VA was very positive and encouraging. There is a lot of unmet need for the Veterans. So, please continue to donate used clothes and shoes as per the following guidelines.

Used clothes should be limited to men's wear and can be T-shirts, sweat shirts, shirts and dress shirts, trousers, jeans, jackets, coats and shorts. Please do not bring undergarments. Please make sure that the clothes are washed and clean, free from fading colors, damage, stains, and any blemishes. It is preferable that they are sparingly used and are in good condition. Used shoes should be in good condition. Please dust of or brush them. If needed, please apply polish. Please place a paper with your name, address, phone number and email ID in each container you bring with clothes or shoes. Otherwise, we cannot track the donors.

#### Donors: Jan - June 2017

#### Money

- · Tagore Bandlamudi
- Devi Chitrapu
- Manimoli Saai Ganeshan
- Bellamkonda Kishore
- Sivakumar Kunta
- KALVI LLC
- Shiva Kumar Mirki
- Neha & Gaurav Patwardan
- Raju Pusapati
- Vikas Kumar Singh
- Anonymous (Hundi)

#### **Clothes and Shoes**

- Ravi Darbamulla
- Sunil Gokarn
- Bellamkonda Kishore
- Prakash Perla
- Raju Pusapati
- Chandra Seenappa
- Anonymous (2)

All donations are US Federal Tax deductible.

#### <u>Donation of Non-Perishable Food</u> <u>to Utah Food Bank</u>:

Eighty pounds of collected food was donated to Utah Food Bank. Please keep bringing non-perishable food items and place them in the bin in SAI Kuteer. There is a lot of need for food in Utah.

#### **Call for Volunteers:**

SAI Kuteer encourages participation of patrons as Volunteers to support the mission of the organization. If you agree with the mission of SAI Kuteer and to be trained in its operations and procedures, please complete the sign up form in the next page. Volunteers must be 18 years or older. Volunteers work as per their convenience and availability.



Please drop non-perishable food items in the Utah Food Bank drum located in SAI Kuteer premises.

Physical Location: 834 E 9400 S, Suite # 63, Sandy, UT 84094; For Directions visit <a href="www.saikuteer.org">www.saikuteer.org</a>
Contact Information: Email: SAIKuteerUSA@gmail.com Phone: (615) 979-9147 (Raju Pusapati)
Facebook: <a href="www.facebook.com/SAIKuteerUSA/">www.facebook.com/SAIKuteerUSA/</a> State of Utah Commerce Registration # 8848156-0140

IRS EIN # 38-3919599 501 (C) 3 Organization; Consumer Protection Exempt License # 9204849-CHE0





# Abode of Love and Service to Humanity

P. O. Box 1637, Sandy, UT 84091-1637

Email: <a href="mailto:saikuteerusa@gmail.com">saikuteerusa@gmail.com</a>

Web: www.saikuteer.org Facebook: www.facebook.com/SaiKuteerUSA

## **Volunteer Sign Up Form**

SAI Kuteer encourages participation of patrons as Volunteers to support the mission of the organization. If you agree with the mission of SAI Kuteer and to be trained in its operations and procedures, then please complete this form. **Volunteers must be 18 years or older**. Volunteers work as per their convenience and availability. Thank you for your interest in SAI Kuteer.

First Name: I		Middl	_ Middle Name:		Last Name:			
			City:		State:	Zip:		
Phone: _	Email:	l:						
	<b>operience:</b> If you have volung and the nature of the			on, please	give details	of where you ha	ave volunte	ered,
	Skills and Abilities: What Please mark all those that a		nilities and special qual	ities you	have that yo	ou would like to	o contribut	:e to S <i>F</i>
	Skill/Ability	Mark	Skill/Ability	Mark	Ski	ill/Ability	Mark	
	Administration		Arts/Design		Cooking/	Serving Food		
	Finances/Accounting		Crafts/Decorations		Tidying u	p the Premises		
	Web Design/Maintenance		Event Management		Writing/F	Reporting		
	Audio/Visual Management		Photography		Speaking	/Anchoring		
	Databases/Record Keeping		Singing/Music		Fundraisi	ng		
	nal Skills/Abilities Not Cove							
Contact i	in Case of Emergency (Nam	e & Phon	ne No.)					
Please re	ead the following carefully b	efore sig	gning this application:					
to abide its Board which m	and that this is an application by the policies and procedu I Members or employees, casy arise from any voluntary I am not eligible to receive	res of SA nnot ass work the	I Kuteer. I understand t ume any responsibility j at I perform for the org	hat I will I for any lia anization.	be serving at bility for any I agree that	t my own risk, a accident, injury all the work I c	nd that SA or health Io is on a v	I Kutee proble olunta
Signatur	e:		Date:					

Please return the signed form to SAI Kuteer either by mailing to the PO Box on the top of the page, or drop in the wall-mounted box in SAI Kuteer premises in a sealed envelope. All applications are treated as confidential by SAI Kuteer.